

PADDYFIELDS

ANALS **IF YOU** POOLS

SWAMPS

RE WORKING AROUND THESE AREAS

BEWARE FROM LEPTOSPIROSIS

SOURCE :- EPIDEMIOLOGY UNIT

<http://www.epid.gov.lk/>

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RAT FEVER

LEPTOSPIROSIS



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If you are working around paddy fields, swamps, canals or muddy pools.

TO PREVENT THE **LEPTOSPIROSIS**

Keep your paddy fields & surrounding clean

Take optional advice from MOH officer or PHI to prevent the leptospirosis

If **YOU** have
Fever, severe muscle pain
or redness in eyes,
immediately go to a
government hospital &
take appropriate
treatment.

WHAT ARE THE OPTIONS WE CAN TAKE IF RAT FEVER HAS ALREADY SPREAD IN OUR AREA

1. If anyone has presented with above symptoms immediately meet a doctor.
2. People who are always work around paddy fields, swamps & canals should meet PHI or MOH officer and take advices at least one week prior to their work.
3. Medications can freely take from PHI or MOH office.
4. If patients are reported in your area, immediately inform to health officers.



TO GET RID FROM RATS, FOLLOW THESE

1. Using destructive chemicals, rat traps & destroy rat holes.
2. Prevent killing creatures like spotted inguana, iguana, snakes, owls who eat rats.
3. Coconut branches or stakes should sticks around paddy field to attract birds like owls, who eat rats.
4. Use traditional ways which use to suppress rats.