

43rd Batch Research

1. **Social media usage** patterns and its effects on academic performances and mental health of medical students in University of Jaffna.
2. Participation in **Extracurricular Activities** and perceived barriers affecting the participation among the Female students of Faculty of Management studies and Commerce, University of Jaffna.
3. Determine **sleep pattern** and the association of lifestyle factors on it among the patients attending the cardiology clinic at Teaching Hospital Jaffna.
4. **Quality of sleep** and associated factors among GCE A/L Biology and Maths stream students of Nallur division.
5. **Nutritional status** and its association with selected factors and academic performance among grade ten students of Nallur educational division.
6. Knowledge on recognition of early symptoms of **acute stroke, acute ischemic heart disease** and their risk factors among school teachers in Nallur educational division, Jaffna.
7. Influencing factors and student satisfaction in **GCE A/L stream selection** among grade 12 students (academic year 2024) in Nallur educational division.
8. Knowledge and Practice of **Standard Precautions** among the nursing staff at Teaching Hospital-Jaffna.
9. Perception and involvement towards **extracurricular activities** among the Jaffna medical students.
10. The characteristics and patterns of expenditures among their association with **financial stress** and mental health among medical students of the Faculty of Medicine, University of Jaffna.
11. Impact of perceived parenting and associated socioeconomic factors on **mental health** of grade 9 and 10 school going adolescents in Nallur educational division of Jaffna zone.
12. Knowledge and practice of **contraceptive methods** amongst women whose children have been admitted to the paediatric ward in Teaching Hospital Jaffna.
13. **Career choices** and associated factors among medical undergraduates of faculty of medicine, university of Jaffna, Sri Lanka.
14. Evaluation of **learning style preferences** among first year medical undergraduates at the University of Jaffna.
15. **Risk of infection** among the cleaning staff of the Teaching Hospital of Jaffna- A comparative study with Non- Health Care workplace cleaning staff.
16. Relationship between the **quality of sleep** and the participation in extracurricular activities among grade 12 students (2025 A/L) of Jaffna educational zone.
17. Myths and misconceptions about **immunization** among parents of children under 5 years in Nallur MOH area
18. Factors Associated with smart **mobile device addiction** and its impact on sleep quality among the first-year undergraduate students in Faculty of Allied Health Sciences, University of Jaffna.
19. The Association between **menstrual pattern, premenstrual syndrome** and sleep quality among GCE A/L students in schools under the Jaffna Municipal Council area.

20. Determine the self-management practices, diabetic control and its association among early **CKD patients** (eGFR 30 - 60ml/min/1.73 m²), who are attending nephrology clinic and medical clinic in Teaching Hospital, Jaffna.
21. Types of injuries and associated factors among the patient admitted with **occupational accidents** to surgical casualty ward and Accident & Emergency care unit in Teaching hospital Jaffna.
22. Knowledge on **advanced maternal age in fertility** and pregnancy outcomes among science faculty students.
23. Prevalence of **overweight and obesity, dietary pattern and physical activities** among advanced level students of government schools in Jaffna educational zone.
24. Association of **growth monitoring practices** for past 2 years with current nutritional status of Grade one students in Nallur educational division, Jaffna.
25. Health-related quality of life in patients with **thyroid disorders** attending endocrine clinic in Teaching Hospital, Jaffna.
26. Prevalence of **Dyspeptic symptoms** and associated factors among medical students of Faculty of Medicine, University of Jaffna.
27. Association between academic performance and **level of procrastination** among grade 12 students in Jaffna education division.
28. Factors associated with knowledge and attitude about **dengue** and practices towards dengue control among grade 12 school students in Jaffna educational division.
29. **Decision making styles** and associated factors among students in Jaffna National College of Education.
30. Knowledge, prevalence and associated factors of **self-reported polycystic ovarian syndrome** among dance department students of Sir Ponnambalam Ramanathan Faculty of performing and visual arts, University of Jaffna.
31. Knowledge, source of knowledge, willingness to learn and perform **first aid** in case of emergency among 2024 advanced level students in Jaffna division.
32. Knowledge, attitude, practice and factors associated with **hand hygiene practice** among medical students, Faculty of Medicine, University of Jaffna.
33. **Usage of WhatsApp** among undergraduates of Faculty of Medicine, University of Jaffna, Sri Lanka and its perceived impact on psychosocial, behavioural, educational and extra-curricular activities.
34. Awareness of **menstrual hygiene** among the Jaffna school girls.
35. The association between the dietary food pattern and level of **anxiety and depression** among the medical students studying at Jaffna Medical Faculty.
36. The psychological effects of treatment on **breast cancer** patients in Tellipalai Trail Cancer Hospital.
37. Awareness on **breast self-examination** among school teachers in Nallur division.